



## BENEFITS AND RESOURCES

# How to Apply for HHS Benefits



### SNAP

Provides food benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to their health and well-being.

- Visit the [hhs.iowa.gov](https://hhs.iowa.gov) and click “Apply for Food Assistance”
- Your local HHS office

- ✉ Mail a completed application to Imaging Center 4  
PO Box 2027  
Cedar Rapids, IA 52406
- ✉ Send a completed application to the local HHS office via email ([imagingcenter4@dhs.state.ia.us](mailto:imagingcenter4@dhs.state.ia.us)) or fax (515-564-4016)



### Medicaid

Iowa Medicaid provides health coverage to eligible Iowans including low-income adults, children, pregnant women, older adults and people with disabilities.

- Visit the [hhs.iowa.gov](https://hhs.iowa.gov) and click “Apply for Medicaid”
- [Healthcare.gov](https://www.healthcare.gov)
- 👜 At any local HHS office or federally qualified health center in Iowa

- ✉ Mail a completed application to Imaging Center 4  
PO Box 2027  
Cedar Rapids, IA 52406
- ☎ Call 1-855-889-7985 to complete an application over the phone
- ✉ Send a completed application to the local HHS office via email ([imagingcenter4@dhs.state.ia.us](mailto:imagingcenter4@dhs.state.ia.us)) or fax (515-564-4017)



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## Rent Reimbursement

Provides up to \$1000 reimbursement of rent paid by elderly and income-eligible disabled persons who pay rent in buildings that are not tax-exempt.

➤ Visit the [hhs.iowa.gov](https://hhs.iowa.gov) and click “Apply for Services”

☎ Iowa’s Aging and Disability Resource Center 1-866-465-7887

➤ Visit [LIFELONG LINKS](#)

👛 Iowa Community Action Association

👛 Your local HHS office

☎ Rent Reimbursement Unit  
515-420-6077



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## Child Care Assistance

Helps families in Iowa struggling with the increasing quality care costs. Child care assistance keeps Iowa thriving and allows more parents to remain in the workforce, earning income.

➤ Visit the [hhs.iowa.gov](https://hhs.iowa.gov) and click “Apply for Child Care Assistance”

✉ Print an application from the HHS website and mail to  
HHS CCA Eligibility  
2309 Euclid Ave  
Des Moines, IA 50310-5703

👛 Your local HHS office



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## FIP

Provides cash assistance and employment and training services to families with children. The goal of the program is to help families become self-supporting.

➤ Visit the [hhs.iowa.gov](https://hhs.iowa.gov) and click “Apply for Services”

👛 Your local HHS office

✉ Mail Completed application to  
Imaging Center 4  
PO Box 2027  
Cedar Rapids, IA 52406

📧 Send a completed application to the local HHS office via email ([imagingcenter4@dhs.state.ia.us](mailto:imagingcenter4@dhs.state.ia.us)) or fax (515-564-4016)